

You and Your Family Can Speak Up for Sustainability



As so much of the world remains at home, cities around the globe are seeing clear blue skies for the first time in a generation! Now is the perfect time to remind our elected officials that returning to business as usual would be a wasted opportunity. By investing in clean energy, low carbon technologies, and offering incentives for sustainable practices across our communities, we can emerge from this crisis better equipped to battle climate change.

- **PLEDGE** to try one or more of the service ideas below to start making an immediate difference.
- **REACH OUT** to your legislator with the attached template or with a letter of your own.

Pledge to clean up a green space near you.

Picking up litter is a fun, simple, free activity that can have instant results for your community.

- Assign gloves and a trash bag to each family member.
- Clear out litter from a nearby section of park, beach, or nearby green space. Be sure adults handle dangerous items and supervise children closely.
- Properly dispose of all litter.

Pledge to become a citizen scientist.

iNaturalist is a joint initiative of the California Academy of Sciences and the National Geographic Society. With their simple app and a green space to safely explore, you can support biodiversity science.

- Visit [iNaturalist.org](https://www.inaturalist.org) and register to get started.
- Record your observations of plants, animals, fungi, insects, even tracks!
- Join the [iNaturalist City Challenge](#) every Earth Day.

Pledge to reduce waste with an upcycled craft.

Turning trash into treasure is a simple, creative way to practice sustainability. The list below will help your family celebrate Earth Day everyday.

- Visit [We Are Teachers](#) and try one of their [34 Earth Day Crafts and Activities Using Recycled Materials](#)

Pledge to reduce the waste you create.

To protect green spaces in your community and natural resources worldwide, your family can adopt as many zero-waste habits as possible. The site [Going Zero Waste](#) offers a fun, kid-friendly 31 day challenge to get your family started.

- Visit www.goingzerowaste.com/31-day-challenge-for-kids/

Dear _____

Please do what you can to help protect, restore, and maintain earth's valuable resources even as we battle this pandemic. We know that rebuilding our economy and growing jobs are a priority. We hope you strive for sustainable and innovative solutions that protect Earth's resources in the weeks and months to come. We recognize this is a challenging time full of complicated problems and thank you for your service.

Please enjoy this poster I have created to celebrate nature in our community.

My family and I want to help. We pledge to:

What will you do to help?

