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Big-Hearted Questions

for meaningful family conversations.

- Did you get a chance to help anyone today?
- Did anyone help you today?
- Did you notice anyone struggling today? What happened?
- How do you think (your classmate) felt when (something happened)?
- Why do you think it's important that friends, teachers, and students help each other during the school day?
- Is there anything you wish you had done differently?
- What does it mean to have courage? Have you ever had to be brave?
- What would life be like if (someone specific, a friend in the car pool, a neighbor, a story from school) didn't help you out today?
- Can you think of a helpful thing you wish you had done today?
- Can you think of one act of kindness you would like to share tomorrow?
- Are you feeling sorry about anything that happened today? (Admitting mistakes shows kids that no one is perfect, and opens the way for them to share meaningful apologies).
- Today I heard about (something) on the news. I wonder how that experience would have felt? I wonder how we can help?
- How do you make yourself feel better when you feel frustrated or angry at school? What about bored or tired? Excited?
- Do you think your teacher ever feels frustrated, tired, or angry at school? How do you think s/he copes with those feelings?
- Can you imagine being a teacher at your school? A bus driver? A recess monitor? How do you think you would feel doing those jobs?
- Did you learn anything confusing today? Maybe I can help make sense of it.
- If you could set the lesson plan for tomorrow, what would you want to learn?
- What are you proud of today?
- What's the best thing about being a girl (or boy)? What's the hardest thing?
- Can you name something you love or think is special about our family today?
- What is one thing you are grateful for today?
- What is one thing you hope to do better tomorrow?
- Are there any new kids at school? How could we make them feel welcome?
- If you won a grand prize of \$1,000, how would you spend it?
- If you won \$1,000 and could not spend it on yourself or your family, how would you spend it?
- If you could only keep one toy, what would it be?
- If you could only keep one toy, to whom would you give the rest?
- If you could change one thing in the world, what would you change?
- Do you know anyone in school who has trouble making friends? How could you help?